



# AMERICA,

# AUTHENTIC TOTUC RONC

Land of the free, home of the brave etc etc...

But us, chefs, also know America as home of some of the boldest, tastiest, meatiest food on earth.

That's why good, honest Americana has been an exciting feature on our menus for the last few years. Hungry diners love a plateful of pulled beef sliders or some smoky, sticky ribs.

But...



America is damn big, and damn old, and is full of passionate, obsessive loudtalkin' chefs. That's why dining trends continue to fly out of the States hot and heavy, with no signs of running out of smoke.

The next meaty wave of American influenced pub & club grub is here, and it's all about Authenticity.

Surprisingly, traditional American food is based on simplicity; doing one thing well.

vintage cheese, finish with a smoky sauce, and pair with some traditional American sides.





But dig deeper and you'll find a whole mess of authentic, traditional, simple techniques and flavours.

Do them well, make them your own, keep your hungry diners full and happy and they'll be beating down your door for more.





This recipe draws its inspiration from Americans love of grits, especially down south. Use polenta as a crumb with prawns and fry baby fry! Served with zingy jalapeno mayo for a killer dipping sauce

# POPCORN PRAWN ROLLS WITH JALAPEÑO MAYO

UNILEVER FOOD SOLUTIONS RECIPE





#### **INGREDIENTS** Serves 10

#### **POPCORN PRAWNS**

1.5kg Prawns, green, peeled and de-veined

300g Plain flour

8 x Eggs

5 g Knorr Chicken Stock Powder

400g Panko bread crumbs 200g Polenta

#### JALAPENO MAYO

300g Hellmann's Real Mayonnaise

50g Jalapenos, chopped 20g Coriander, chopped

#### SLAW

450g White cabbage 150g Red onion, peeled, thinly sliced 10 x Slices American burger cheese 10 x Burger buns

#### **METHOD**

- 1. Coat the prawns in the flour, then combined eggs and Knorr Chicken Stock Powder, then mixed bread crumbs and polenta. Deep fry until cooked and golden.
- 2. Combine Hellmann's Real Mayonnaise, jalapenos and coriander.
- 3. Cut and grill the buns. Assemble prawn rolls in the following order bun base, slaw, popcorn prawns, jalapeno mayo, cheese and top bun.

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This is not just your average hot dog. It's the king of dawgs! Two iconic American foods smashed into one creating an explosive food experience like no other. Watch your diners devour these babies!

# BBQ CORN DAWGS SALSA AND TOBACCO ONIONS

UNILEVER FOOD SOLUTIONS RECIPE





#### **INGREDIENTS** Serves 10

CORN DAWG BATTER	SALSA	TOBACCO ONIONS
1 x Egg	2 x Corn cobs	150g Brown onions, thinly sliced
150g Self raising flour	50g Green onions (shallots),	
25g Sugar	chopped	
2g Salt	250g Tomato, chopped	CHIPOTLE MAYO
250ml Milk	50ml Oil 10g Knorr Lime Powder Sprinkle salt	200g Hellmann's Real Mayonnaise
150g Polenta		
J.		100g Knorr Hickory BBQ Sauce
10 x Hot dog sticks		
10 x Sausages or frankfurters		

10 x Hot dog buns

#### **METHOD**

#### **CORN DAWG BATTER**

- 1. Combine the batter ingredients together.
- 2. Place hot dog sticks into hot dogs, lightly dust with flour and dip into batter. Deep fry until cooked and golden.

#### **SALSA**

1. Boil corn and remove the kernels from the cob with a sharp knife. Combine with the green onion, tomato, oil, **Knorr Lime Powder** and salt. Refrigerate for use.

#### **TOBACCO ONIONS**

1. Fry onions in deep fryer at 160°C until golden and crispy.

#### **BBQ MAYONNAISE**

1. Combine Hellmann's Real Mayonnaise and Knorr Hickory BBQ Sauce together and refrigerate for use.

**TO ASSEMBLE:** Place cooked dawgs into warmed hot dog rolls and add salsa, chipotle mayo and finally top with tobacco onions.



Did you know that there's a "Chicken Wing Day"? Well, its July 29th! Try out this delicious buffalo wings recipe to keep your guests coming back for more. Any day, every day!

# BBQ BUFFALO WINGS

UNILEVER FOOD SOLUTIONS RECIPE





#### **INGREDIENTS** Serves 10

3kg Chicken wings

100g Knorr Hickory BBQ Sauce

400g Knorr Sweet Chili Sauce

30g Coriander

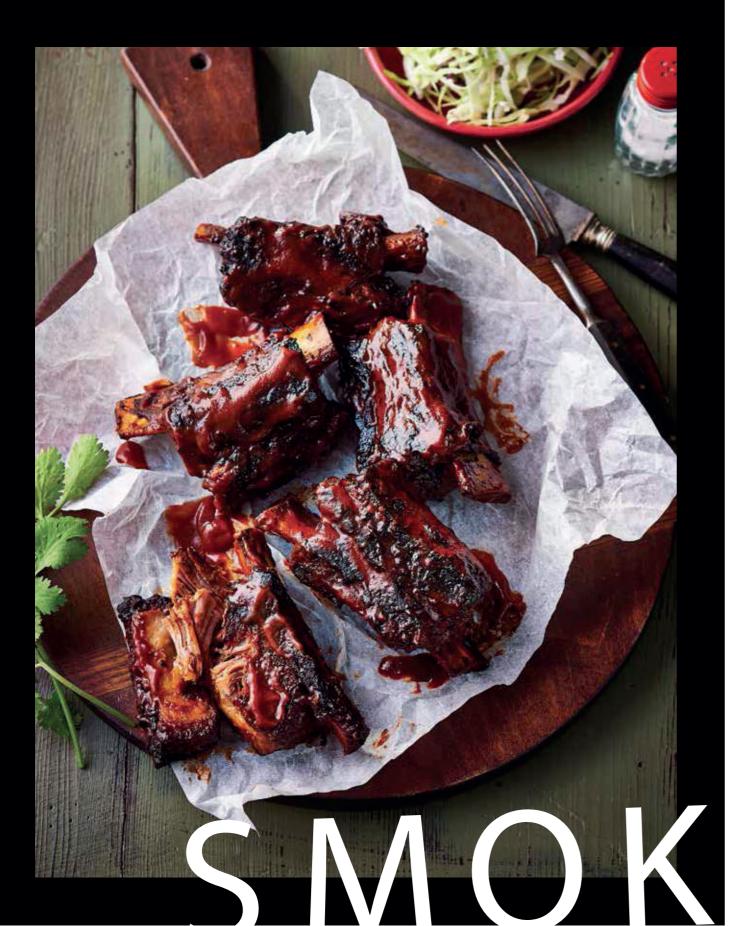
300ml Hellmann's Real Mayonnaise

#### **METHOD**

- 1. Combine the wings, Knorr Sweet Chili Sauce and Knorr Hickory BBQ Sauce together and marinate overnight.
- 2. Bake in an oven tray at 180°C until cooked.
- 3. Serve with coriander, celery and Hellmann's Real Mayonnaise.

#### TIP

If you are looking to deep fry the wings, toss them in the sauce right after frying!



BBQ Beef ribs done right; the traditional American way. This recipe will make your ribs so tender and juicy, that you will never prepare ribs any other way!

# TRIPLE HICKORY AMERICAN BEEF RIBS

UNILEVER FOOD SOLUTIONS RECIPE





#### **INGREDIENTS** Serves 10

2kg Beef short ribs, cut into 5cm pieces
20g Knorr Sweet Chili Sauce
Coriander, garnish
Slaw, to serve

#### HICKORY GLAZE

300g Hellmann's Real Mayonnaise 10g Garlic Puree 20g Knorr Hickory BBQ Sauce

#### **METHOD**

#### RIBS:

1. Combine Knorr Sweet Chili Sauce and and rub over ribs. Marinate in the fridge overnight. Place ribs in a roasting pan, roast in oven for 3-2 hours or until tender.

#### **HICKORY GLAZE:**

- Add some pan juices, Knorr Hickory BBQ Sauce, garlic puree, Hellmann's Real Mayonnais and reduce.
- 2. Brush glaze over ribs and place back in oven for 15 minutes or until caramelised.

Serve with slaw.







Who hasn't heard of the Philly Cheese Steak Sandwich!? Our chefs take it up a notch by adding Knorr Gravy to the cheese sauce. The result? A meatier, intense flavour that you ought to try out for yourself!

## PHILLY STEAK ROLL

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

1kg Skirt steak

10 x Milk bun hot dog rolls

20g Butter

150 x White onion, finely chopped

100ml Water, warm

CHEESE SAUCE

50g Knorr Gravy Sauce

300g Mixed grated cheese (Parmesan/Gruyere/ Provolone/American)

150g Pickled jalapenos, sliced

#### **METHOD**

#### STEAK:

- 1. Cook, rest and slice.
- 2. Add butter and white onion to saucepan and sweat, add 100ml warm water, **Knorr Gravy Sauce** and grated cheese, simmer.
- 3. Add steak back to pan and warm through.
- 4. Fill buns with steak and sauce, top with pickled jalapenos, extra sauce and extra grated cheese.



These bad boys are so addictive, you won't keep up with demand.

## RIB BURNT ENDS HOAGIE

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

3kg American rib, whole, deboned

#### **BRAISING LIQUID**

1.2l Cola
10ml Smoke liquid
250g Brown sugar
100ml Apple cider vinegar
100ml Knorr Hickory BBQ Sauce
20 g Knorr Chicken Stock Powder

#### **MAYO BBQ SAUCE**

See sauces page 24 for Mayo BBQ recipe

10 x Long rolls Salad and fries, to serve

#### **METHOD**

- 1. Place the rib in a large oven dish, combine with the braising liquid, cover and cook in a preheated oven for 4 hours at 140°C.
- 2. Remove and place in a new tray and allow to cool, dice into 3cm pieces and place back in the oven, remove once the meat starts to crisp up.
- 3. Place the diced beef into the mayo BBQ sauce to coat and heat through. Serve in long rolls with salad and fries.

#### TIE

Use bagel & some fried egg for a breakfast option.



Want to create succulent, smoky Southern brisket, like a boss, but don't have a YODA smoker sitting out the back? There's more than one way and all it takes is a little ingenuity.

One of the easiest ways to infuse your kitchen with the sweet aroma of Texas is to simply throw down some foil on the bottom of a large pot and toss in some pre-soaked wood chips, turn the heat up to max and get them chips smoking!

Remove from heat when the smoke is doin' its thing, throw in your combi or conventional oven on about 150°C.



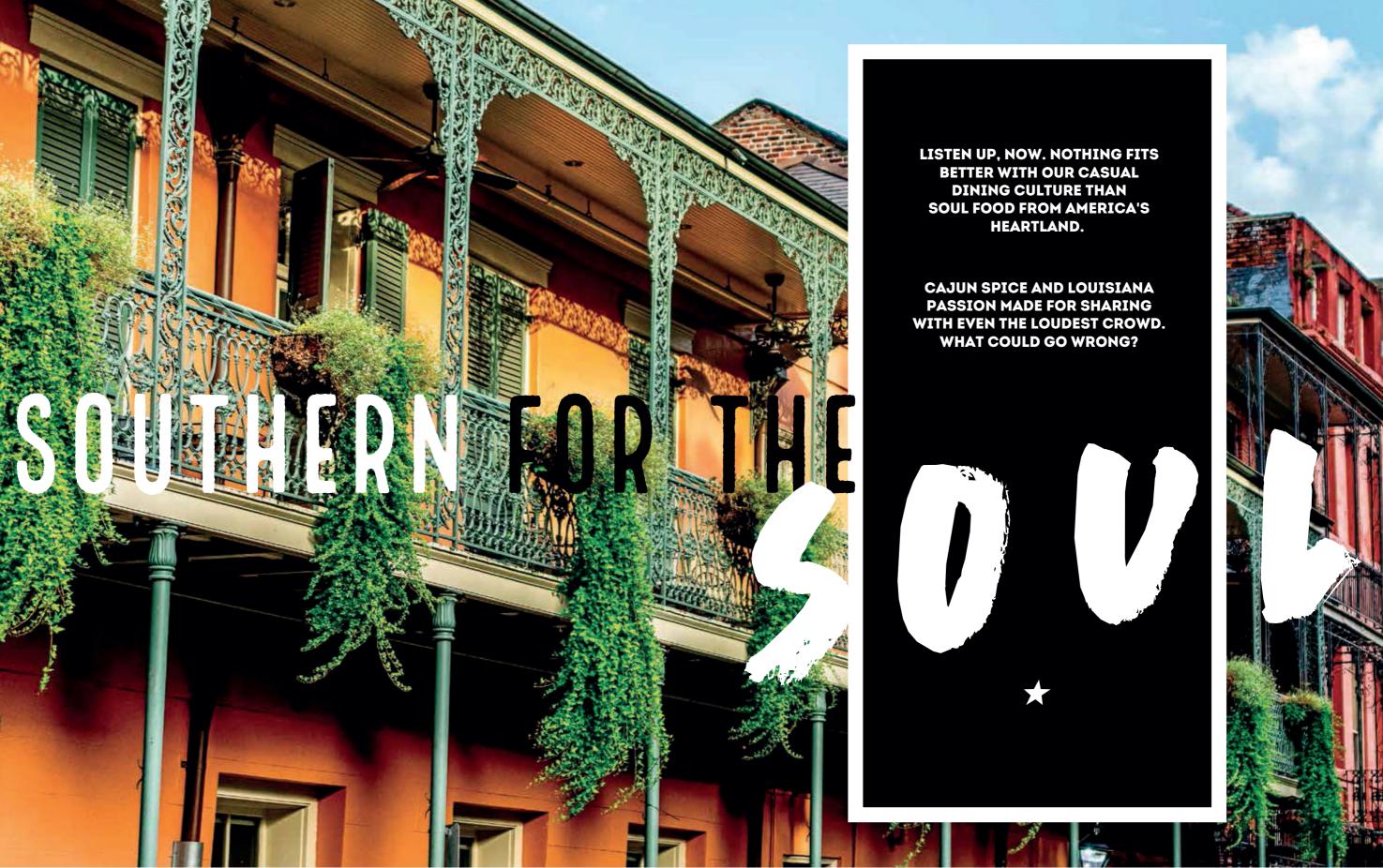




You can create that beautiful smoke flavour in pretty much anything! Even a gutted out old fridge can do the job if you're a champion meat smoking machine!

Lay your food out on the highest rack and close the door and let her smoke!

Your oven gets a slight smoky tan? It's worth it. Anyway, if you have a good combi, don't cry like cause they clean themselves ready for you to do it all over again. You're gonna need to, cause your customers will be bashing down the door for more!





Chuck is a very adaptable cut of meat. Aside from being great burger meat it's also perfect to cook perfect stew or chilli. Put this recipe in a pie and watch it fly!

# LOW & SLOW BBQ CHILI BOWL

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

#### CHILLI

150g Brown onion, chopped 50ml Oil

2.5kg Beef chuck, diced

120g Knorr Hickory BBQ Sauce

100g Garlic puree

5g Cumin, ground 200ml Water

700g Tomato cubes

100g Black beans

10 x Corn cobs, grilled



#### **METHOD**

- 1. Fry off the onions in oil until soft, add the beef and brown slightly.
- 2. Add **Knorr Hikory BBQ Sauce**, garlic puree and cumin and cook for a further 5 minutes.
- 3. Add the water, tomato cubes and cook for 2 hours until the meat starts to become tender. Drain, rinse and add the beans, cook for an additional 30 minutes.
- 4. Serve with grilled corn.



There is a restaurant in the USA Deep South that sells over 500 serves a day of this dish but they use catfish. Unfortunately, we don't have catfish so use seabass instead and be happy!

# LOUISIANA FISH AND FRIES

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

10 x 150g Seabass portions 200g Plain flour

8 x Eggs

#### 5 g Knorr Chicken Stock Powder

500g Corn meal or polenta, fine French fries and salad, to serve



#### **METHOD**

- 1. Thinly slice the fish to resemble thin schnitzels.
- 2. Coat the fish in the flour, then the combined egg and **Knorr Chicken Stock Powder**, then corn meal. Deep fry until cooked through and golden.
- 3. Serve fish with french fries and a ranch slaw salad.



This is simple fried chicken at its best, however the key to its success is in the process. We guarantee if you put this on your menu it will be one of your best sellers! See the recipe below.

# TENNESSEE HOT FRIED CHICKEN, SLAW, BLUE CHEESE DRESSING

UNILEVER FOOD SOLUTIONS RECIPE





#### **INGREDIENTS** Serves 10

4kg Chicken wings

2l Buttermilk

25 g Knorr Thai Sweet Chilli Sauce

25g Salt

40g Sugar

300g Flour

70g Smoked paprika

#### **BLUE CHEESE DRESSING**

80 g Hellmann's Real Mayonnaise

60g Blue cheese

#### SLAW

150g Red cabbage, shredded

150g White cabbage, shredded

50g Red onion, sliced

400g Pickles, sliced

#### **METHOD**

#### CHICKEN:

- 1. In a bowl, combine chicken, buttermilk, **Knorr Thai Sweet Chilli Sauce** 10g salt and sugar, then marinate in the fridge overnight.
- 2. Mix flour, smoked paprika and 15g salt together, then divide into two. Strain the buttermilk marinade off the chicken and mix with one of the divided flour mixes to form a light batter.
- 3. Dip the marinated chicken into the other divided flour mix then into the batter mix. Shake off excess batter and fry in hot oil, 160°C for 10 minutes. Transfer to a plate, lined with a paper towel.

#### **BLUE CHEESE DRESSING:**

 In a bowl, combine Hellmann's Real Mayonnaise with the blue cheese and blend until smooth.

#### SLAW:

1. Mix together the slaw ingredients and serve with the chicken wings and blue cheese dressing.



The Chicken Schnitzel is a timeless Classic that deserves a spot on your menu. Try out the recipe below!

# SOUTHERN FRIED CHICKEN SCHNITZEL

UNILEVER FOOD SOLUTIONS RECIPE





#### **INGREDIENTS** Serves 10

10 x Chicken breasts, pounded flat 700ml Buttermilk

5g Salt

4 x Eggs, whisked

#### **BATTER**

250g Plain flour 5g Paprika powder 5g Garlic powder 5g Onion powder

3g Mustard powder
2g Ground black pepper

#### **COMEBACK SAUCE**

250g Hellmann's Real Mayonnaise 25 g Knorr Thai Sweet

Chilli Sauce

#### **METHOD**

- 1. Marinate chicken in buttermilk and salt for 3 hours refrigerated.
- 2. In a bowl, combine flour and spices. Drain chicken from buttermilk and place into flour mix, then into whisked egg mixture and back into flour
- 3. Deep fry until cooked.

#### **COMEBACK SAUCE:**

In a bowl, mix Hellmann's Real Mayonnaise and Knorr Thai Sweet Chili Sauce
 Serve the fried chicken with chips and Comeback Sauce.

#### TIP

Add smoky paprika to the batter for another level of flavour on this southern fried chicken recipe!

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PROPER AMERICAN
COOKING IS ALL ABOUT
ADDING BIG, LAYERED
FLAVOURS.

AND THE BEST PLACE TO START IS WITH A RUB DOWN OR MARINADE.

DO THIS WELL AND YOU'LL BECOME A LEGEND!



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## MAPLE COLA BRAISING LIQUID

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

200ml Cola 100ml Maple syrup 200g Knorr Hickory BBQ Sauce 500ml Water

#### **METHOD**

- 1. Combine all ingredients together, add to brisket.
- 2. Roast covered for 5 hours at 140°C. Uncover for the last 30 minutes of cooking.

## DARK SUGAR PEPPER RUB

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

60g Dark brown sugar 5g Black pepper, coarsely ground 150g Knorr Demi Glace

#### **METHOD**

- 1. Combine all ingredients together.
- 2. Rub over rump cap, roast covered for 3 hours at 140°C. Uncover for the last 30 minutes of cooking.

# HONEY MUSTARD RUB

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

70g Honey 200g Dijon mustard **5 g Knorr Chicken Stock Powder** 50ml Oil

#### **METHOD**

- 1. Combine all ingredients together.
- 2. Rub over deboned chickens then roast at 160°C for 45 minutes or until cooked through.

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MOISTEN WITH IT, SPLASH IT, GUZZLE IT, SMOTHER IT, SWIM IN IT, BUT DON'T FORGET IT, ANY MEAL IS INCOMPLETE WITHOUT A KILLER SAUCE!

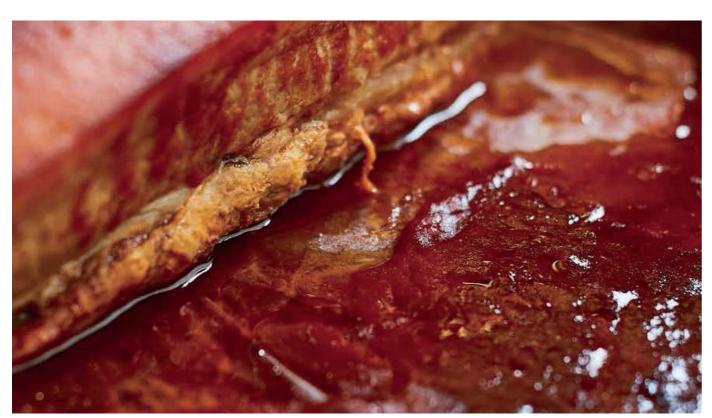
# SAUCE BY THE SPONFUL

SAUCE CAN BE THE CROWNING GLORY OF A DISH BUT GET IT WRONG AND THEY'LL BE SERIOUS CONSEQUENCES.

WELL, HOPEFULLY WE CAN HELP YOU OUT HERE WITH A COUPLE OF RECIPES, SO YOU CAN FIND INSPIRATION FOR EXTRAORDINARY SAUCES.







# MAYO BBQ SAUCE

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

300g Knorr Hickory BBQ sauce 500g Hellmann's Real Maayonnaise 100ml Apple cider 100g Brown sugar

#### **METHOD**

- 1. Combine all ingredients together, blend well then simmer for 15 10 minutes until thickened.
- 2. Serve with cooked beef short rib.

# MEXICAN BBQ MARINADE

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

200g Knorr Hickory BBQ sauce 600ml Knorr Mexican Salsa

#### **METHOD**

- 1. Combine all ingredients together.
- 2. Marinate pork spare ribs for 24 hours then roast for 2 hours at 150°C. Don't forget to baste every 15 minutes.

. 2

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Everyone's favorite peach ices tea, made even fresher with mint & lemon. Tip: add grated fresh peach for a chunky refreshing drink

## **PEACH MINT LEMON ICE TEA**

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

#### ICE TEA

#### **GARNISH**

150 pc Mint Leaves 600 ml Peach Syrup Lemon, sliced 10 pc

200 ml Lemon, juice

10 cup Ice Cubes

2 L Lipton Fresh Brewed Ice Tea

#### **METHOD**

Combine all the ingredients into a shaker and shake, pour into a glass over ice.

Garnish:

Garnish glass with fresh lemon slice.

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Exotic passionfruit and fresh lemon works brilliantly when combined with iced tea. Add a splash of pomegranate syrup to the glass to give your guests a true exotic and refreshing experience.

### **PASSION FRUIT LEMON ICE TEA**

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

#### **ICE TEA**

#### **GARNISH**

600 ml Passion fruit syrup

200 ml Lemon, juice

10 cup Ice Cubes

2 L Lipton Fresh Brewed Ice Tea

#### **METHOD**

Combine all the ingredients into a shaker and shake, pour into a glass over ice.

Garnish:

Garnish glass with fresh lemon slice.



Sipping on delicious mango ice tea is the perfect solution to refresh and relive summer

## **MANGO ICED TEA**

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

**ICE TEA** 

Mango syrup 600 ml

4.50 L Lipton Fresh Brewed Ice Tea

#### **METHOD**

Fill quarter of the shaker with ice.

Add all the ingredients in the shaker.

Fill the glass with Lipton Freshly Brewed Iced Tea.

Shake/stir.

Garnish with Mango slice and fresh mint.



This smooth iced tea is mixed with pomegranate syrup and finished with fresh wild berries.

## **POMEGRANATE WILD BERRY ICE TEA**

UNILEVER FOOD SOLUTIONS RECIPE



#### **INGREDIENTS** Serves 10

#### **ICE TEA**

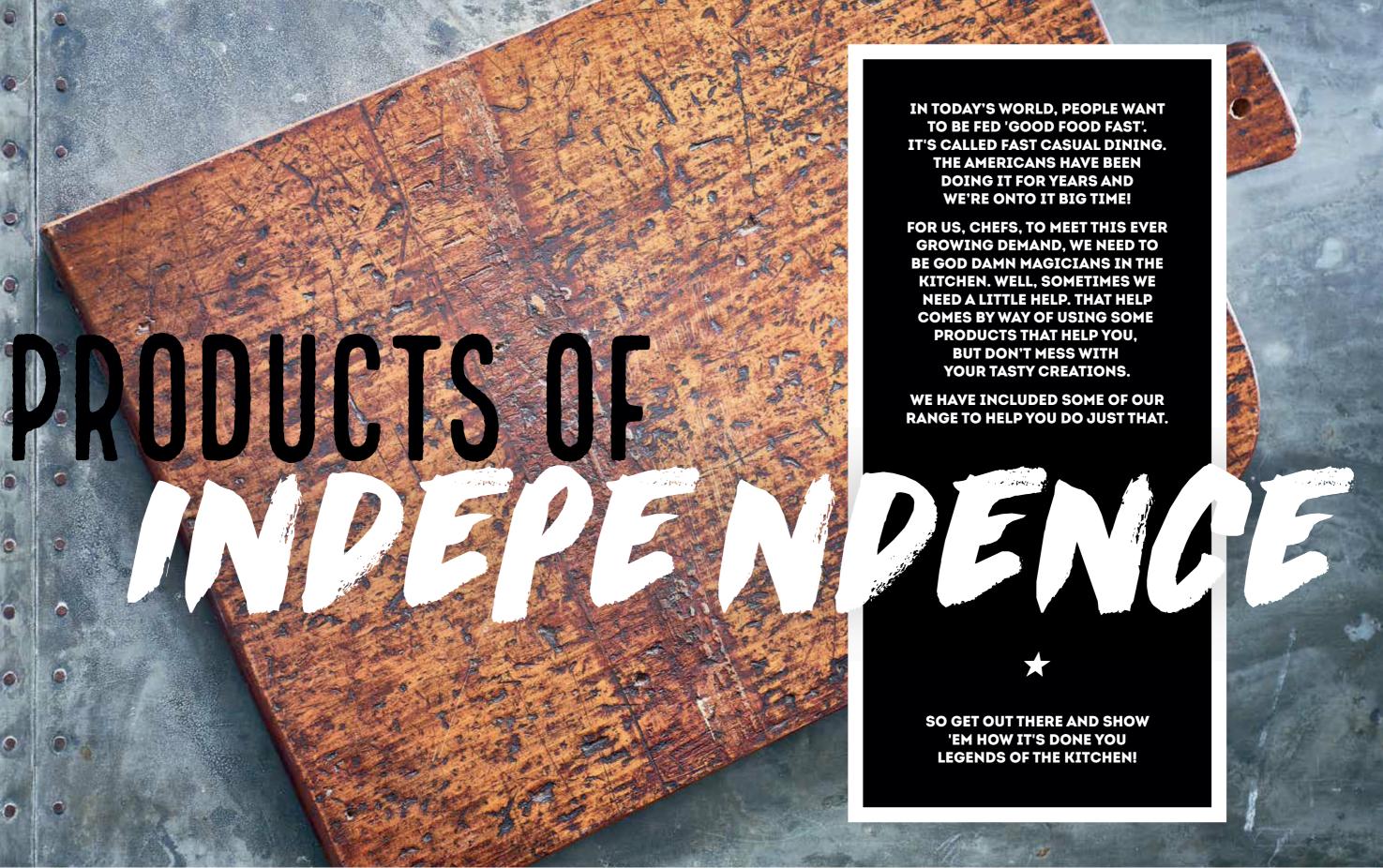
200 g Berries, mixed300 ml Pomegranate syrup2 L Lipton Fresh Brewed Ice Tea

#### **METHOD**

Combine all the ingredients into a shaker and shake, pour into a glass over ice.

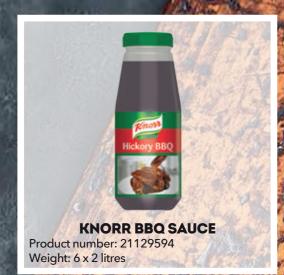
#### Garnish

Garnish glass with fresh mixed berries.





Product number: 21026602 Weight: 6 x 1.1kg Yield: 55 litres / pack













KNORR LIME SEASONING Product number: 32456780 Weight: 12 x 400g









Okay, now you can go home.

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